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Low Carb Pasta Noodle:10 Low Carb Faux Pasta Noodle Recipes: Satisfy Your Pasta Cravings

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Low Carb Pasta Noodle
10 Low Carb Faux Pasta
Noodle Recipes

Satisfy Your Pasta Cravings!



BELINDA GIBBONS



Synopsis

If youâ„¢re like me and totally crave carbs like warm food as in pastas then these recipes are going to work good for you . Pastas and warm food make me feel good. So lets make some make me feel good and make me feel even better low-carb pasta free foods. As you know weâ„¢re not going to be eating anything made with white flour like spaghettiâ„¢s noodles and pastas so weâ„¢re going to have to substitute by making veggie noodles that taste like paste. I know it doesnâ„¢t sound that good but if you havenâ„¢t tried it you must try it. Way back like 20 years ago I remember the first hamburgers I ate that were meatless they did not taste like hamburgers. They just did not fulfill me like eating a beef burger. They left me crazing the real thing. Thick delicious beef with onions fried or BBQ I fantasized about them day and night. From that day on I started making all different recipes until I made a hamburger that tasted like a a hamburger. Then that veggie diet was easy to be on when I liked my burger. Although I could not stay on a meatless diet because once I mastered the beef burger I wanted sausage, and chicken and so on and so on. I guess the reason why I like things to taste like what they taste like is if they donâ„¢t I still crave the real thing. If youâ„¢re like me youâ„¢re going to love these quick and easy pasta veggie recipes. It actually has the same texture as in Sullivan and if you were blindfolded and eating it you probably wouldnâ„¢t know the difference. So fill up on these veggie pasta recipes and enjoy Theyâ„¢re easy to make. Theyâ„¢re healthier. You can lose weight eating them. You can eat all you want really itâ„¢s only vegetables and also by eating all you want you will feel full without worrying and without measuring half cup or a cup and then counting calories were not going to be doing this in this book. That sheâ„¢s our veggies there free to eat. Thereâ„¢s no added sugar itâ„¢s low-carb. If youâ„¢re like me and in the evening you get cravings and used to heat up your old pastor I need it you can do the same with us. The good snack food itâ„¢s good to serve to your family.

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Customer Reviews

The entire thing runs together. Large print titles is all that separates sections. No clear indication of ingredients or instructions. Basically a confusing mess. The recipes may taste incredible but its just too much work to figure them out and rewrite them correctly.

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